



## Putting Odyssey Planning into Practice

Take a moment to imagine what your life will likely look like if you continue down the same path you're on right now, pursuing the same subjects, the same hobbies, and the pathway that's been recommended by others for you. Imagine what your life might look like in 5 years if this was true. Where do you live? What does daily life look like? Who are you surrounded by? What job are you doing, and what responsibilities do they include? What is your financial situation? What impact are you having on others and the world?

Take your time to write everything that comes to mind down, without judging it. If this feels a little much, remember, you're not writing out a life contract, you're simply imagining possible futures, so it's ok if what you write below ends up nothing like your future path.



Now imagine a different possible pathway, one that might occur if you chose a completely different subject to study, hobby to pursue, relationship to foster or skill to learn. Again, write down what life might look like within five years time, from this different perspective.



Now it's time to throw all rules and restrictions out the window. This time, imagine what path you might take if money and societal expectations didn't exist, and you had all the tools, skills and support needed to see your dreams become a reality. What might you stand for, what sort of work might you be doing, and what would your life look like?



Take a look back over all three possible futures. What patterns and themes (if any) jump out at you? What might you want to expand upon further? What seems possible, and what excites you the most when you consider it? What action can you commit to, to prepare and plan for this possibility today?

An action I can take today that steps me towards my future goals is: